

**Springs Valley Community Schools**  
Office of the Nurse  
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November 16, 2020

Dear Parent/Guardian,

I wanted to reach out and explain our Covid procedure for students. Per CDC guidance, any student who tests positive for COVID-19 or is experiencing one or more of the following symptoms should be excluded from school and contact their medical doctor for further guidance:

- A fever of 100.4 or greater
- Cough
- Shortness of breath or difficulty breathing
- Chills
- Repeated shaking with chills
- Muscle pain
- Headache
- Sore throat
- New loss of taste or smell

A flowsheet on when students are able to return to school can be found under the “Parent Screening Guide” linked in the Covid-19 Information on the school web page . Please note that siblings or other students in the household should remain home from school until the ill student is cleared by a healthcare provider or receives a negative Covid test. Students are also to remain home if a parent or any other household member is experiencing Covid symptoms and being tested/awaiting test results.

I’d also like to add that if your child has been exposed to anyone who is COVID-19 positive, they are to remain home and contact the school. Exposure classifies as anyone who has been within 6 feet of a COVID-19 positive individual for longer than 15 minutes.

Please reach out to me with any questions. I understand that this information is overwhelming and confusing. Guidelines are changing regularly. I am here to help work through the steps and procedures with you. The best thing to do is call me frequently and we will work through your child’s return to school together, step by step. I am in the office daily before the start of school to answer any questions you may have. If you’re questioning whether or not to send your student to school for the day, please reach out to me prior to sending them.

Kearsten Ingle, RN  
Springs Valley School Nurse