

November 2024

Springs Valley JR/SR Breakfast

					Monday	Tuesday	Wednesday	Thursday	Friday	<p>Local Ingredients!!</p> <p>We are committed to providing safe and nutritious food!</p> <p>Menus are subject to change.</p> <p>This institution is an equal opportunity provider.</p> <p>All meals <u>MUST</u> include choice of fruits and may include 1% Low-Fat Milk</p> <p><u>Served Daily</u></p> <p>Muffin/Cheese Breakfast Bar</p> <p>Big Cereal</p> <p>Fresh Fruit</p> <p>Fruit Caps</p> <p>4oz Juices</p> <p>8oz Milks</p>
									1 Sausage Biscuit Apple Slices Diced Peaches Apple & Fruit Juice 8oz Milk	
					4 Cocoa Glazed Donuts Apple Slices Diced Peaches Apple & Fruit Juice 8oz Milk	5 Biscuit & Gravy Whole Banana Applesauce Apple & Fruit Juice 8oz Milk	6 French Toast Sticks Orange Wedges Diced Pears Apple & Fruit Juice 8oz Milk	7 Mini Strawberry Bagel Whole Banana Applesauce Apple & Fruit Juice 8oz Milk	8 Sausage Biscuit Apple Slices Diced Peaches Apple & Fruit Juice 8oz Milk	
					11 Vanilla Glazed Donut Apple Slices Diced Peaches Apple & Fruit Juice 8oz Milk	12 Egg & Cheese Biscuit Whole Banana Applesauce Apple & Fruit Juice 8oz Milk	13 Maple Flatbread Orange Wedges Diced Pears Apple & Fruit Juice 8oz Milk	14 Egg and Sausage Bagel Whole Banana Applesauce Apple & Fruit Juice 8oz Milk	15 Sausage Biscuit Apple Slices Diced Peaches Apple & Fruit Juice 8oz Milk	
					18 Vanilla Glazed Donut Apple Slices Diced Peaches Apple & Fruit Juice 8oz Milk	19 Biscuit & Gravy Whole Banana Applesauce Apple & Fruit Juice 8oz Milk	20 <u>Waffle Wednesday</u> Waffles/Syrup Orange Wedges Diced Pears Apple & Fruit Juice 8oz Milk	21 Muffin Top Cookie/Cheese Whole Banana Applesauce Apple & Fruit Juice 8oz Milk	22 Sausage Biscuit Apple Slices Diced Peaches Apple & Fruit Juice 8oz Milk	
					25 Pumpkin Spice Donut Apple Slices Diced Peaches Apple & Fruit Juice 8oz Milk	26 Egg & Cheese Biscuit Whole Banana Applesauce Apple & Fruit Juice 8oz Milk	27 NO SCHOOL	28 NO SCHOOL	29 NO SCHOOL	

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