



Elementary Lunch Menu

October 2021

Menus are subject to change without Notice


National Apple Month October



October is National **APPLE** month!

We will be featuring some **APPLE** treats!

- 1 Cheese Pizza
- Fresh Broccoli
- Cucumbers
- Fruit and 100% Fruit Juice
- Low-fat Milk

- 4 **National Taco Day** 
- Beef Soft Tacos
- Kickin Pinto Beans
- Cucumbers
- Fruit and 100% Fruit Juice
- Low Fat Milk

- 5 Hot Dog On a bun
- Green Beans
- Baby Carrots
- Fruit and 100% Fruit Juice
- Low Fat Milk

- 6 Chicken Tenders w/Biscuit
- Steamed Carrots
- Tomatoes
- Fruit and 100% Fruit Juice
- Low Fat Milk

- 7 Hamburger
- Fries ,Red Peppers
- Fruit and 100% Fruit Juice
- Low Fat Milk

8 **No School- Parent Teacher Conferences**

11 **NO SCHOOL Fall Break**



12 **NO SCHOOL Fall Break**

13 **NO SCHOOL Fall Break**

14 **NO SCHOOL Fall Break**

15 **NO SCHOOL Fall Break**



- 18 Chicken Tenders w/Mac & Cheese
- Green Beans
- Cucumbers
- Fruit and 100% Fruit Juice
- Low Fat Milk

- 19 Loaded Popcorn
- Chicken and Tator Tot Bowl
- Corn
- Celery Sticks
- Fruit and 100% Fruit Juice
- Low Fat Milk

- 20 Corn Dog
- Baked Beans
- Red Pepper Strips
- Fruit & 100% Fruit Juice
- Low Fat Milk

- 21 Chicken Patty Sandwich
- Smile Potatoes
- Baby Carrots
- Fruit & 100% Fruit Juice
- Low Fat Milk

- 22 Pepperoni Pizza
- Steamed Broccoli
- Baby Carrots
- Fruit & 100% Fruit Juice
- Low Fat Milk

- 25 Loaded Nachos
- Refried Beans
- Tomatoes
- Fruit and 100% Fruit Juice
- Low Fat Milk

- 26 Mini Corn Dogs
- Fries
- Corn
- Fruit & 100% Fruit Juice
- Low Fat Milk

- 27 **NATIONAL POTATO DAY!!**
- French Fries** w/Chili and cheese
- Steamed Broccoli
- Red Pepper Strips
- Fruit and 100% Fruit Juice
- Low Fat Milk

- 28 Popcorn Chicken w/Roll
- Mashed Potatoes/Gravy
- Green Beans
- Fruit & 100% Fruit Juice
- Low Fat Milk

- 29 Cheese Pizza
- Fresh Broccoli
- Cucumbers
- Fruit & 100% Fruit Juice
- Low Fat Milk

Daily Alternate Options:

- Monday: Ham and Cheese Sub Sandwich
- Tuesday: Pizza Pack
- Wednesday: Popcorn Chicken Salad w/Crackers
- Thursday: Muffin Yogurt and Fruit Pack
- Friday: All American Sub Sandwich

 **School Lunch is FREE for all students!**

Menus are subject to change without notice.