## **Wednesday, November 6th**

Happy National Nachos Day! Happy National Saxophone Day!

Lunch (Wednesday, Nov. 6) - country fried steak, mashed potatoes, roll Breakfast (Thursday, Nov. 7) - mini cinnis Lunch (Thursday, Nov. 7) - Chicago's pizza and corn

## **Announcements**

- \* Today is an early release day.
- \* Athletes should check their emails for an email regarding varsity letter jackets.
- \* SADD (Students Against Destructive Decisions) sign up is now available for any high school student who wants to join. Check your email for the sign-up link.

## **Athletics**

Wednesday, Nov. 6th - 5/6 grade girls basketball at home vs Mitchell

Have a great day, Springs Valley!

It all begins and ends in your mind. What you give power to has power over you, if you allow it.