## Friday, November 8th

Happy National Cappuccino Day! Happy National Parents as Teachers Day!

Lunch (Friday, Nov. 8) - lasagna roll up, green beans, garlic bread Breakfast (Monday, Nov. 11) - egg & cheese wrap Lunch (Monday, Nov. 11) - chili dog on bun

#### Announcements

\* Please check the lost and found for any missing items.

- \* Athletes should check their emails for an email regarding varsity letter jackets.
- \* SADD (Students Against Destructive Decisions) sign up is now available for any high school student who wants to join. Check your email for the sign-up link.

\* Tickets for the band contest are on sale in the office. \$22/adults, \$18 student

\* Winter Sports pictures will be November 25th.

### **Athletics**

Saturday, November 9 - ISSMA State Band Contest The Brigade performs at 6:40 p.m.

#### GOOD LUCK!

Have a great day, Springs Valley!

# Don't be afraid to start over. This time you're not starting from scratch; you're starting from experience.