

Tuesday, November 30

Happy National Day of Giving!

Lunch (Tuesday, Nov. 30) - chicken nuggets w/roll

Breakfast (Tuesday, Dec. 1) - TBD

Lunch (Tuesday, Dec. 1) - TBD

**substitutions may be made due to supply chain issues

Announcements

- Morning study tables are from 7 - 8 am.
 - Tuesday mornings - Mrs. Crow room 214
 - Wednesday mornings - Mrs. T. Chastain room 122
 - Thursday mornings - Mrs. Cruz room 115
- After school study tables are on Monday, Tuesday, and Thursday until 4:15. The location will be posted on the study hall door.
- There are PACT study tables in the PACT office Mondays, Tuesdays, and Thursdays after school until 4:00. Anyone can attend.
- Students who are eligible to purchase a **varsity jacket** have been emailed. Order forms and money are due **Wednesday, December 1st**.
- There will be a **Holiday Dance** on December 10th from 7-10 pm in the JH Gym for students in grades 6-12. The cost will be \$5.

Athletics

6:00 7th/8th Girls Basketball vs Barr-Reeve *8th grade will play first

6:30 Varsity ONLY Girls Basketball at Barr-Reeve

Most of your stress comes from the way you respond, not the way life is. Adjust your attitude and all that extra stress is gone.